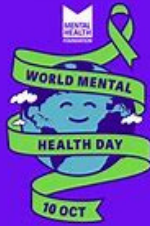


# CAREERS BULLETIN

**OCTOBER 11TH 2024**

**Spotlight on Events and  
Work Experience**



## Welcome to Rossett School Careers Bulletin

The focus of this week's careers bulletin is World Mental Health Day, which took place yesterday. The theme of this year's campaign is Mental Health at Work.

It is widely recognised that a supportive work environment helps to foster good mental health, providing purpose and stability, whereas poor working conditions can harm mental well-being, reducing both job satisfaction and productivity.

Young people in particular can experience stress and anxiety when looking for work, or when adjusting to a new working environment.

[Youthemployment.org.uk](https://youthemployment.org.uk) provides a range of useful tips and resources to help young people to manage their wellbeing whilst navigating through study and work:

- [Taking care of your mental health while job hunting](#)
- [Ways to cope if you don't get the job](#)
- [Small ways to stay positive at work](#)
- [Coping with criticism at work while dealing with mental health](#)
- [Mental health and work – know your rights](#)



**Mind** also offers a wealth of information and resources for young people aged 11-18, their parents and carers.

**Henley Business School** is running a Real Estate Insight day in Leeds on 13th November and Manchester on 19th November to help Year 12 students discover more about careers within the property Industry.

The day is supported by industry members and afterwards students will get the opportunity to take part in work experience, e-mentoring, will receive a guaranteed contextual offer to Reading University for Real Estate related courses, as well as getting the opportunity to apply for University bursaries of £30,000. **Applications close on 20th October.** Click [here](#) to apply

**KPMG** is delighted to invite students, teachers, parents and carers to join a virtual event specifically designed to help with the apprenticeship application process on **18th November at 6pm**. Understand what to expect, and how to prepare for your application with top tips for success. Scan the QR code to register.



**Labcorp** virtual work experience programme will be running **this half term**. This is a fantastic opportunity for students to learn more about what is involved in the drug development process and the interesting and varied careers available in this field. Students of any age are welcome to join, but the programme may be particularly relevant to students in years 9 - 13.

Please register your interest via the following link:

<https://app.smartsheet.com/b/form/0712ddb944e54f40a0817a4acd40a5fb>

## CAREERS AROUND SCHOOL

OCTOBER 11TH 2024

### JOBS OF THE WEEK



#### Careers Information Advice and Guidance at School

**Notice Boards** - Students can find information about:

- Possible next steps after school
- How subjects link to careers and further learning opportunities
- Work Experience
- Labour Market information
- Finding a job
- CVs and cover letters
- Enterprise and Entrepreneurship
- Apprenticeships
- Inclusive employers and more

Students can request any of the resources they spot on the noticeboards by email, and many can be found in the **Resources section of the Rossett Careers page**

**Monday - Thursday Lunchtimes** - there is a **Careers Drop-in** session in the office next to Lab 5. Students in all years can pop in to chat to the Careers Adviser about their ideas, ask questions, and get further information.

**All students in Year 11** have access to a 1:1 personal careers guidance meeting to talk about their ideas for the future. Students then receive a careers summary, highlighting the key discussion points, and providing links to further information and resources.

Please ask your child to share the summary with you so that you can also discuss ideas at home. If you have any questions about the summary or any aspect of your child's future plans, please email [wainwrighte@rs.rklf.co.uk](mailto:wainwrighte@rs.rklf.co.uk)

Mental health care is vital, and the mental health sector is rapidly expanding.

Whether it is psychiatry, counselling, nursing or one of many different therapies or support roles on offer, a career in mental health means working in a fast-developing field, where funding is increasing, and progress is rapid.

Working with some of the most vulnerable people in our society, mental health workers can make a real difference to patients, their families and whole communities.

#### Have you ever thought about roles in:

- [Psychiatry](#)
- [Psychological professions](#)
- [Mental health nursing](#)
- [Art Therapists](#)
- [Drama therapists](#)
- [Music therapists](#)
- [Creative therapy support roles](#)
- [Occupational therapy](#)
- [Support time and recovery worker](#)
- [Pharmacists](#)
- [Pharmacy technicians](#)
- [Social worker](#)
- [Speech and language therapy assistant](#)
- [Occupational therapy support worker](#)
- [Assistant practitioners](#)
- [Prison nurse](#)
- [Dietetic assistant](#)
- [Nursing associate](#)
- [Physician associate](#)
- [Peer support worker](#)

