

Work Experience



Work experience can take place in the workplace or virtually. It allows you to experience what it is like to undertake a job, supervised by staff who already work in the environment.

It can vary from 'tasters' lasting just a few hours, through to programmes over one or two weeks, a few months, or even a year.

Some work experience placements offer a hands-on experience, while some provide observation, work shadowing and insights. All placements can provide a valuable experience to help you bridge the gap between school and work

Work experience can:

- Confirm your career ideas, or completely change your mind
- Open your eyes to jobs you may never have considered
- Provide valuable experience for job, college or university applications
- Give you a chance to prove yourself to an employer
- Help you understand the attitudes and behaviours expected at work

