



# Welcome to Rossett Careers Team!

If you have any questions, please don't  
hesitate to contact your Careers Adviser,  
Emmi Wainwright:

[wainwrighte@rs.rklt.co.uk](mailto:wainwrighte@rs.rklt.co.uk)

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Introducing your Careers Team...

## Mrs Sarah Daly Careers Leader



We work hard to help you prepare for your future careers by offering a range of activities that enable you to explore the world of work, and to develop your knowledge, skills, and experience.

We aim to provide the building blocks needed to help you move on successfully to the next stage of your career journey, whether that's education, training, employment or self-employment.

Introducing your Careers Team...

## Mrs Emmi Wainwright Careers Adviser



I'm really looking forward to working with you in your personal career guidance meeting. My role is to provide you with unbiased information, advice and guidance to help you make decisions about your education, training and work options.

Whether you have lots of ideas or don't know where to start, it is a chance for you to take some time and space to gather your thoughts, explore opportunities, and identify your next steps.

## So, what happens in a personal career guidance meeting?



Our meeting is an opportunity to think about where you are now, what you might like to do in the future, and what happens in between.

You will be given the space to explore your ideas, work through your thinking and decision making, and to ask questions.

### We will talk about:



Things you like and don't like

Your strengths and interests

What is important to you

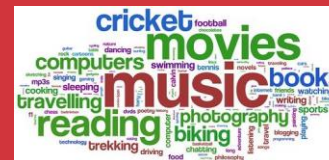
What motivates you

Your experiences of work so far

What your personality is like

When you do your best work and learning

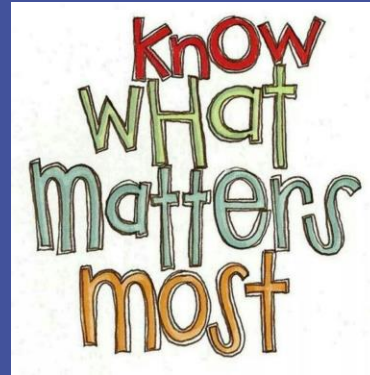
Who else is important to you on your career journey



# Personal career guidance gives you the space to:



Think about who you  
are and how you  
feel right now.



Understand what is  
important to you  
and what you might  
want from the future.



Reflect on your own  
experiences.



# Personal career guidance gives you the space to:



Explore your career  
ideas and options.



Think about what  
might come next  
and how you can  
move forwards  
positively.



Think about the steps  
you might want to  
take towards the  
future.

# What will happen in our meeting?



Once you feel comfortable, and we have agreed how we will work together, I will ask you about how things are going so far, and about your ideas for the future.



You can decide what you think it would be most helpful to focus on to start moving you forwards.



We will summarise our conversation in a format that works for you. We will think about the steps you want to take and any support you might need.

# What will our careers meeting be like?



It will be a relaxed two-way conversation.



It is not a formal meeting or an interview.



There are no right or wrong answers. You can be honest about your thoughts and feelings.



Your opinions are important, and you do not have to agree with me!



**YOU are in the driving seat.**

I won't tell you what to do. I will work alongside you to explore options and opportunities.



# Remember, you are in the driving seat so you can:



Let me know how you  
prefer to  
communicate.



Let me know if  
something isn't working  
for you – we can try  
something else.



Decide how much  
information you want  
to share.

# During our meeting



**Don't worry** if I ask a question and then go quiet. I am just giving you time to think. There is no rush to come up with an answer. It is important you have the time and space to really think about how you feel.



**Don't worry** if you don't understand what I am asking. Just let me know you are not sure what I mean, and I will rephrase my question.



**Don't worry** about confidentiality.

You are free to talk about our meeting with others, but I won't, **UNLESS** you ask me to speak to someone on your behalf, **OR** you tell me something that makes me think you or someone else is at risk of harm. This would need to be passed on to the safeguarding team.

# After our meeting



You will receive a summary of the key points we talked about and an action plan.

This will include links to resources that might help you to make positive decisions about your next steps.



If you would like a follow-up meeting to get some more support or ask more questions, please let your form teacher know.



Feedback on your careers meeting is always welcome.

Following the meeting you will be asked to complete a short feedback form to ensure we are constantly improving the support we offer.

# How to prepare for our meeting



Think about the choices you need to make.

How do you feel about making those choices?

What support and resources might you need to help you make those choices?



You might like to start researching your options. The National Careers Service and Prospects websites are good places to start.



Think about what you would like to get out of the meeting.

This is **your** careers meeting, so think about what would make it worthwhile for you, and how best you feel I could help.

I look forward to meeting  
you soon!

